

PRODUCT SPECIFICATION

PRODUCT:	Organic Mung Beans
PRODUCT CODE(S):	P165B (5kg)
COUNTRY/COUNTRIES OF ORIGIN:	Turkey/Uzbekistan
Please note that the country of origin may differ from that specified due to seasonal shortages	
INTRASTAT CODE:	07133390
INGREDIENTS:	Mung Beans*.
Please note it is possible for these ingredients to change dependent upon brand or batch & availability; please refer to the packaging for confirmation	* Organically certified ingredient
ORGANIC CERTIFICATION CODE(S):	GB-ORG-02

COLOUR:	Light green to green
APPEARANCE:	Beans
TASTE:	Product specific, typical
SMELL:	Product specific, typical
ADDITIONAL INFO:	May contain stones.

STORAGE INSTRUCTIONS:	Cool, dry & hygienic; away from direct light & strong odours
COOKING INSTRUCTIONS:	Wash thoroughly before use. Soak for 4 to 8hrs. Place in water and
	bring to the boil, then simmer for 45 minutes or pressure cook for
	10 minutes.
PACKAGING DESCRIPTION:	Natural Polythene LFT Bag

	INN	VER	OU	ΓER
GROSS WEIGHT:	5	kg		
HEIGHT:	457	mm		
WIDTH:	355	mm		
PLASTIC:	38	g		

NUTRITIONAL INFORMATION (typical values per 100g)		
Energy	1324	kJ
	314	kcal
Fat	2.4	g
Of which saturates	0.4	g
Carbohydrate	44.2	g
Of which sugars	3.4	g
Fibre	18.1	g
Protein	20.1	g
Salt	0.00	g





Does the product contain any of the following?	Present
Cereals containing Gluten: wheat, rye, barley, oats, spelt, kamut or their hybridised strain	L
Mollusc	Ν
Crustacean (shellfish and products thereof)	Ν
Egg and products thereof	Ν
Fish and products thereof	Ν
Soya (soy) beans & protein and products thereof	L
Milk & dairy (including lactose) and products thereof	N
Celery Seeds, celeriac and products thereof	L
Mustard Seeds and products thereof	L
Lupin and products thereof	N
Sesame Seed and products thereof	L
Nuts and products thereof (namely almond, hazelnut, walnut, cashew nut, pecan nut, brazil nut, pistachio nut, macadamia nut and Queensland nut)	L
Peanuts and products thereof	L
Added Sulphur Dioxide: (the product contains >10mg/Kg added Sulphur Dioxide in the form of SO2, Sulphites (E220,E221, E222, E223, E224, E226, E227, E228)	L
 Y = Present in product N = Not in product, not processed in same factory NS = Not in product, not sure if processed on same line / same factory L = Processed on same line F = Processed in same factory M = May contain from other sources (eg. crop rotation risk) 	
May contain traces of, or contains: celery, gluten, mustard, nuts, peanuts, sesame, soya and sulphur dioxide.	l/or
ALLERGEN STATEMENT Where products are indicated as not having an allergen present, this refers to the product no formulated or wholly derived from the particular ingredient. Allergen handling policies and procedures are in place throughout the supply chain to reduce the likelihood of cross conta however this cannot be guaranteed.	d C

Please refer to individual labels for more information.





GMO DECLARATION:	This product has been produced without the use of genetically modified organisms (GMOs) or their derivatives, nor been irradiated
ORGANIC CERTIFICATION:	Essential Trading Co-operative Limited is organically certified to EU Regulation 834/2007 by the Organic Farmers & Growers (GB-ORG-02)
CONDITIONS OF SALE:	All sales are made under Essential Trading Co-operative's Conditions of Sale & Terms of Trade (available upon request)

To the best of our knowledge the information contained herein is true and accurate. Essential Trading Co-operative Limited cannot assume liability for any loss or damage arising out of the use of this data & nothing contained herein shall be construed to imply warranty or guarantee.

All unprocessed commodities may contain impurities. It is the responsibility of the customer to ensure that they are fit for their intended use.

Specifications are updated according to the latest batch we stock. We cannot guarantee that the specifications match the product we have delivered to you due to stock rotation. For accurate information regarding specific batches, please contact Quality Assurance with the product code, batch details and invoice number.

Signature:

Tig Taylor-Cummings sales@essential-trading.coop Phone: +44 (0)117 943 0800

Phone : +44 (0)845 458 0201 Lo-call Rate

This specification supersedes all others issued or dated before it

Date: 18/03/2024

www.essential-trading.coop

Essential Trading Co-operative Ltd. Registered Company Number IP23234R Registered Office: Unit 3 Lodge Causeway Trading Estate, BRISTOL, BS16 3JB, UK

REASON FOR CHANGE:	Updated Country of Origin, Allergen, Nutritional, Analytical
Version: 1.1	



